

make bake take

Cake Decorating for Children with Disabilities

This free event is hosted by Preferred Training Networks. The idea for this course was an online post where a child with disabilities didn't get funding approval to undertake a "cake decorating course". The family couldn't afford the fee which meant the child missed out. Surely any child in Australia with disabilities should be able to attend a cake decorating course.



Here's how it works...

Step 1 > MAKE

– We will host the first "cake decorating" course at a venue nearby. We'll invite other children with disabilities and their parent(s)/carer(s) to attend. We will bring along the ingredients and the venue would have an oven. The children will get started making the cakes. We use premade mixtures for time purposes

Step 2 > BAKE

Each child's cake will be given to the parent/carer to be put in the oven. It normally takes about 20 mins to bake. The children are encouraged to decorate their paper plate in readiness for receiving the baked cake

Step 3 > TAKE

The cakes cool in about 10 mins and are ready for decorating with icing sugar and sprinkles. The decorating of the cake is exciting. Each child is encouraged to take away the cake. The cake can be admired and eaten the next day? People have asked why the cake isn't eaten on the spot. It teaches the children "delayed gratification" which is a great skill. Also, it minimises risk and some children may not be able to physically eat the cake. So, everyone leaves with the same outcome (plus happy faces)

Your Invite

This invitation is only for a child with disabilities and their parent carer. It's not a drop off service and the event cannot be hosted without at least one parent/carer per child with disabilities.

This is also an event to build relationships with the parents. Indeed, we hope you "Make" new friendships and "Take" away some key relationships. We will show the parents how to host another "Make Bake Take" event and who knows you'll meet other parents at future events.

PREFERRED TRAINING NETWORKS

Ph: 1300 323 752 email: mail@preftrain.com.au Web: www.preftrain.com.au

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Food Allergies

If your child has food allergies then please bring along a small cup cake for decorating. It's the parents/carers responsibility to manage the food allergies.

What do you need to bring?

You'll bring whatever you'd normally bring when your child is at an event. Your host company Preferred Training Networks will supply all the ingredients. The venue that we use will have an oven and the cooking utensils needed.

About the event

The whole idea of this event is for the families to meet one another in a calm environment. The outcome is a decorated cake. Of course, some cakes will fail and fall. Some cakes will look great. But all that matters is that everyone came together and achieved a task. So, it's not bells and whistles. Let's keep it simple and enjoy. Try and not be late as timing is critical and the whole event is over in 1 ¼ hours. Please be aware that this event hinges on volunteers trying their best. When things go wrong, that's part of the event rather than it being a problem to focus on. If we get smiles and a good-natured environment then the event is a success.

REGISTRATION FORM

Yes, I'd like to attend

Eltham High School 9am – 10.15am - 24 April 2019

Name of Child

Name of accompanying parent(s)/carer(s)

Does your child have food allergies Yes or No

Age of Child

Nominate your Parent/Carer contact

Address

Phone

Email

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