



# Situational Awareness

This niche course focuses on recognising and responding to risks in the moment. It supports staff working in dynamic and unpredictable environments. Participants learn how to observe surroundings and identify early warning signs. The course builds skills in attention, perception and decision making. It highlights how to stay alert without becoming overwhelmed or reactive.

Participants explore how behaviour, environment and context influence risk. The emphasis is placed on staying calm and making clear decisions under pressure. Real scenarios are used to strengthen judgement and response. Participants also learn how to adjust their awareness as situations change. Participants leave with practical strategies they can apply immediately in everyday situations, with a strong reminder that their most important priority in any volatile situations is getting home safely.

## KEY COURSE CONTENT

- Recognise early warning signs of risk in different environments
- Maintain awareness of surroundings without becoming overwhelmed
- Identify behavioural cues that may indicate potential conflict
- Adjust awareness levels based on environmental factors
- Make clear decisions quickly when responding to high risk situations
- Stay calm under pressure and manage personal reactions effectively
- Use observation skills to improve safety and prevent incidents
- Communicate effectively during situations that require quick awareness and response
- Understand how environment behaviour and context influence risk levels
- Apply practical strategies to improve awareness in everyday work situations
- Build space between tasks to re-energise



### Target Audience

Frontline staff, managers and leaders



### Duration

Available as a full-day or half-day course



### Delivery

Available in-person at your organisation/venue, or virtual



### Group Size

Recommended 4 to 10 participants



### Takeaways & Resources

Participants receive a certificate of completion (including Continuous Professional Development hours) and opt for a free follow-up refresher course with the original trainer

## GET A QUICK QUOTE

Let us know if you'd like a free, no-obligation quote for your organisation

