



PREFERRED TRAINING
NETWORKS



DEPOT DRUDGE OR DEPOT DAZZLE

Lifting the Mood and Working Together Better

Sometimes the depot can be a dreary place. People are carrying the weight of the world on their shoulders. The body language is screaming out that nobody wants to be there. It's a daily grind of drudge.

Other depots are full of camaraderie. Even though the workload is similar there is just a much better vibe. If you'd like to improve the mood and demeanor at your depot then this workshop is ideal. The key to lifting the mood in the depot lies with supervisors and managers.

KEY COURSE CONTENT:

- Setting a contagious positive mood
- Picturing your body language gestures
- Positive body language
- Communication skills
- Asking open ended questions
- Addressing problems with a "can do" attitude
- Giving and receiving feedback
- Removing festering resentment
- Setting clear expectations
- Giving praise randomly
- The 5 Dysfunctions of Teams (Lencioni)
- Decluttering depot techniques
- Dealing with people problems quickly
- Finding your sense of purpose
- Choosing your attitude (Fish Principles)
- Removing role ambiguity in depots



Target Audience:

Tailored for Depot and Outdoor Crews



Duration:

This course is available as a full-day or a truncated half-day course.



Delivery:

This course can be delivered both in-person, at your organisation or venue, or virtually.



Group Size:

We recommend a group size of 4-10 people.



Get a Quick Quote:

Let us know if you'd like an obligation free quote for your organisation.